

Ten Ways to Study for Midterms

THE GULF COAST
REGION PRESENTS:

EDU.TIP
PREPARING YOU FOR COLLEGE AND CAREER SUCCESS



Phi Beta Sigma Fraternity Inc.

1. Speak Up

Your teachers should be your very first stop when getting ready for midterms. Make sure you are asking the right questions to get the information you need about the exam. Great questions to ask are:

- Will the teacher be providing a review packet or holding an in-class review session?
- Will the midterm test material from the whole year so far or just the most recent material?
- What is the format of the exam?
- How many points is the exam worth?
- What study suggestions does your teacher have?
- Does your teacher have specific suggestions for upping your grade like turning in extra credit, or rewriting a paper?

2. Make a Midterm Schedule

You can actually spend less time studying for midterms if you make a plan. Once you know what is going to be on the exam, make a list of what topics or question types you need to cover and when you are going to cover them. Make sure you study a little each night from now until the midterm.

3. Ready to study? Start with your notes and tests.

Gather up any handouts or worksheets. If your midterm exam covers material from the whole year, then your previous tests will help you see what your teacher thinks is important.

4. Form a Study Group

If your note taking skills are subpar, it's a great idea to partner up with a classmate who has got this skill down. In exchange, offer to help transfer his or her notes to flash cards or to take on another part of a group project. Study groups can also help you study more efficiently—dividing and conquering a chapter outline, for example, can help all of you prepare.

5. Study Smarter

Most campuses have a computer lab, or on site tutors to help with certain classes. Ask your professor if they are any study/help sessions BEFORE the week of the exam in order to study smarter.

6. Understand Each Class is Different

Practice problems may work for Math, but what is your strategy going to be for English? A tutor can help you find the best study method for each course you are taking. Contact your professor for assistance.

7. Mix it Up

If you're beginning to get sick of your own handwriting, try asking a friend to quiz you, put your notes to music, or recording yourself practicing the answers to previous exams.

8. Change the Scenery

Breaks are essential to retain what you have learned and keep your focus. No matter how hard you are working, be

sure to take some time to grab a snack from the kitchen or go for a quick run. It also helps to switch up your study space when reviewing for exams. Try studying in the public library, at a coffee shop, or at one of your chapter brother's houses for a change.

9. Don't Skimp on Sleep

You might be tempted to pull an all-nighter, but a good night's sleep is key to your success. Start a healthy sleep routine in the weeks leading up to your exam, so you can reap the benefits of a fresh mind on test day.

10. Stay Positive

Test anxiety is real. A smart plan, focused studying, and a calm morning are your best plan of attack. Start the study process early and it will lead to success!

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